

## We are ISO: 9001:2015 Certified



- o Pioneering Special Education in the region
- Process-oriented Organisation
- o Audited by Applus Velosi, Velosi Quality Management International LLC
- Awarded ISO 9001:2015 in Nov 2016

# We are Digitally Competent



We have a new website! - www.cseoman.com

- Responsive HTML 5 website
- o Informative, interactive and easy to access
- o Includes Photo gallery, News, Event updates and Circulars
- o Linked to Teachers and Students Portal



# Center for Special Education NEWSLETTER

www.cseoman.com Vol 1. No. 1 Oct- Dec 2016



CENTER FOR SPECIAL EDUCATION

# A Glimpse into the History of CSE

#### **CELEBRATING SILVER JUBILEE OF CSE!**

A 25th anniversary is a major milestone to pause, reflect back, re-energise and march forward with greater vigour. As CSE celebrates this momentous occasion, let us go back in time and understand the genesis of the Center.

The Center for Special Education (CSE), began as a voluntary initiative by a dedicated group of enthusiastic and benevolent pioneers - who envisaged the role of the society towards children with special needs. This led to the opening of the Center, with a humble enrolment of 16 students, as an informal group, with an aim to build a conducive environment to shape the future of children with special needs and nurture their budding talents.

CSE has grown over the years, passing through the eagerness of a child, blossoming into its teens and has become a wonderful young institute. Today as we mark our Silver Jubilee Celebration, the Center has come a long way since 1992. We now have a recently renovated facility, fantastic infrastructure and have been awarded ISO 9001:2015 certification, a global standard that recognizes effective and efficient quality management system. We offer need-centric education and therapeutic care to children with impaired mobility, developmental delays, learning incapacity and mental disabilities including Autism, Down syndrome, Attention Deficit (Hyperactivity) Disorder and other challenges. We encourage our students to exercise their minds and we ensure that education is delivered, while acknowledging the uniqueness of each child, in a fun and stimulating way. We strongly believe that CSE is a home for our children.

Our goal is to provide our students a better present and a promising future and our vision is to provide appropriate learning experiences to children with special needs through integrated and holistic approaches.

From time to time, we showcase the talents of our students through exhibitions, sports and concerts. Today we are celebrating our Silver Jubilee Concert "Together We Can"— a theme we truly believe in. Apart from showcasing the talent of our children, other Indian and Omani Schools are also participating.

We are happy to have you with us to encourage and support our children!

# Center for Special Education (CSE), Cordially invites you to the 25th Anniversary Celebrations, "Together We Can", a kaleidoscope of performances by our talented children, together with the students from various other schools. Date: 28th November 2016 Time: 6 pm onwards Venue: New Multipurpose Hall, ISM

25
ANNIVERSARY

CENTER FOR SPECIAL EDUCATION

# Highlights of the Programme

Cultural programs - performances by children of CSE & other Indian Schools

Launch of CSE Website

Presentation of ISO Certification for CSE

Honouring members for their contribution to CSE

## Foreword by DIC

ear Readers,

It is with great pride and pleasure that I introduce the very first newsletter issued by CSE, in honour of our 25 years of dedicated service.

CSE was founded in 1992, a small but significant step towards resolving a gap in our educational system — the lack of educational support in Oman for children with special needs. As the years have progressed, our activities and capabilities have grown. Our premises underwent an extensive renovation and refurbishment earlier this year, transforming the place into a true home away from home for our children while also modernising the facility at par with global standards. The proof is in the pudding as they say. We are proud to announce that the CSE has been awarded with ISO 9001:2015 certification, an achievement that speaks for itself on the quality and efficiency of our facility.

Another recent focus has been on increasing awareness about CSE and our activities and also facilitate enhanced interaction with parents and general public. With this view, we now have a website of our own — www.cseoman.com, a responsive and interactive site that's just like the new CSE — colourful, cheerful & accessible. This quarterly newsletter is an extension of our endeavours to reach out to a wider audience through diverse thought provoking topics that encourage everyone to see the world a bit differently. So, read on, ponder and participate.

Here's the first edition, dedicated to all the amazing people who have over the years made CSE what it is today.

With love,

Baby Sam Samuel, Director In Charge

## Foreword by Principal



Dear Reade

As a prelude to this newsletter, I wish to state that it feels great to be a part of silver jubilee celebrations of Center for Special Education, and I feel happy to have contributed my bit to it. Year 1992 — 4 noble ladies, few children with special needs, 2 rooms, unmatched support by the Indian Embassy, UNICEF and our own Indian School Muscat. 25 years later, CSE is 78 students strong, with 16

special educators, 6 therapists, 3 admin staff, 5 support staff and Principal.

We have come a long way... slowly and steadily we are progressing towards our vision. The various programs introduced along the way have paved the path of success. Considering the uniqueness of each child; preparing Individual Educational Programs; training staff on using computers, especially MS Excel, MS PowerPoint, MS Office; introducing Jingle and Mingle sessions for social development of children; Educational and recreational visits; minimum 6 individual meetings between teachers and parents in one academic year; training for volunteers and parents; knowledge transfer sessions for staff; and so many such initiatives are gradually showing results.

In recent months we have introduced Tabs in classrooms, Worked towards streamlining systems and procedures, developed our own website, and we endeavour to do much more. This quarterly newsletter will bring to you, all our developments albeit there may be a tew hurdles... but I do believe that the community comes forward for a noble cause, as it did 25 years ago. Together we can build a home away from home for our very special children. God bless them !!!

With Warmest Regards,

Dr.Analpa Paranjpe, Principal, Center for Special Education



## **Contact INFORMATION**

PO Box 2470, Ruwi, PC: 112 Sultanate of Oman
Tel: +968 24702567 Ext: 202 | Fax: +968 24794919 | GSM: +968 92482477

Email: info@cseoman.com | Website: www.cseoman.com



For Private Circulation Only

- A fully operational Café located at CSE and open to all
  Run by differently-able children under supportive training of the centre
  A not-for-profit café dedicated to the development of students with special needs
- A place of training to develop skills in all aspects of the running of a café
   Fun and safe workplace environment, promoting social interaction, greater independence, and personal growth
- \*The best thing is to watch these kids, some of them who even don't interact with each other, learn to work as a team it's amazing!"



# Center for Special Education

#### Editorial

Dear Readers,

#### Greetings to all!!

CSE is happy and proud to introduce the inaugural issue of our Newsletter, as one of the many initiatives commemorating our silver jubilee. Through this quarterly electronic publication, we aim to make communications easier and in line with today's electronic age, and thereby reach a wider society and

The newsletter will report our growth and challenges unravel our imaginations and our dreams for the Center, and give life to our thoughts and aspirations. It will present an exhilarating flashback, from the very inception of the center to our trails through time, capturing our various events and achievements. It will take you along the exciting paths, as we journey together to a brighter future.

As we celebrate the 25th year of CSE, we have indeed grown from the humble beginnings of 16 children to the present strength of 78 children. Our capabilities and resources too have grown, enabling us to increase our reach

Our aim is to enable the individual to achieve his/her maximum potential by providing an appropriate teaching and learning environment and under a curriculum which is innovative, creative, flexible, stimulating and relevant to the child with special needs.

'From strong roots, we grow and blossom'. At CSE, we build for our children the solid foundations for their lifelong learning journey by equipping them, to the maximum extent possible, with the knowledge and skills to meet their academic, social, emotional and physical potential, and the independence and resilience to face future challenges. Importantly, the Center attempts the inclusion of our students with special educational needs into the mainstream schools.

To celebrate the Silver Jubilee year, we are excited to showcase the talent of our children through a concert -'Together We Can'. The programme will be held on Monday, the 28th of November 2016, 6 pm onwards, in the New Multi-purpose Hall, Indian School Muscat. It will be a day to rejoice and remember the past achievements, and look forward to the exciting journey

There is so much more to share! Please look out for our future editions. We encourage you to share our newsletter with those you think would be interested, subscribe to our e-newsletter by loging on to our website www.cseoman.com.

Ms. Naosheen Zaman, Editor In-Chief



#### The Power of Inclusion

#### INCLUSIVE CLASSROOMS AN INTEGERAL PART OF TODAY'S **EDUCATIONAL SYSTEM**

"Strength lies in differences, not in similarities."

Inclusion is a philosophy that embraces the idea that everyone has something of value to contribute and has a right to belong. Inclusion is creating a mindfulness that others may have a reality different from that of our own.

Inclusive education is not just about including children with special needs. It is about embracing the idea that diversity is a reality and therefore, each child is unique. In schools today, a learner may be disadvantaged due to his special needs or economic, social, cultural, linguistic or vocational disability. Children need an enabling school environment to overcome all these barriers. Inclusive education values diversity and the unique contributions each student can bring to the classroom.

Such kind of an education provides a better quality education for all children and can be instrumental in changing discriminatory attitudes. All parents want their children to be accepted by their peers, have friends and lead "regular" lives. Inclusive settings can make this vision a reality for many children with special needs. Respect and understanding grow when children of different abilities play and learn

Children with and without special needs are expected to learn to read, write and do basic mathematics. Inclusion is an effort to make sure all learners including children with special needs, access school together and receive "specially designed support and instruction" which enables them to succeed as learners and to achieve the required competence and skills.

#### FUTURE OBJECTIVES OF CSE FOR INCLUSIVE EDUCATION

- To familiarize all the Indian schools with various dimensions of inclusive education.
- O To develop effective communication with all the Indian Schools for the proper and right implementation of inclusive education.
- To groom and motivate the teachers to be knowledgeable and skilled in inclusive education.
- To expand the significance of practical aspects of inclusive education.
- To foster values such as integrity, transparency and independence in the schools with respect
- To develop a strong and effective relationship with all Indian Schools in Oman.

Let us all strive together in promoting a new age classroom where students with all kinds of different abilities come together as equals to form a new type of learning environment, breaking down all conventional and age-old barriers. Let us be witnesses to the amazing results when diverse children work together.

Quoting the words of Henry Ford "Coming together is a beginning, keeping together is a progress and working together is success.

Mrs.Jova Anand

# Paralympic: A New Initiative of

"The only disability in life is a bad attitude"

At the Center for Special Education (CSE), we believe that the first stepping stones to success are hopes, aspirations and dreams. We believe that no dream is ever too high for our children.

We have now started dreaming of that day when one amongst our children would represent the country at an international platform. With these dreams and goals in mind, CSE has therefore decided to have a kick off start to a new initiative: Paralympics.

All individuals gain physical, mental and social benefits from regular physical activity and children with special needs especially so. Children with Special Needs are primarily children with the same needs and desires as their peers. The only difference is that these students might need some adaptations and extra support. The CSE has thus decided to take up this initiative for our kids, to enhance and improve the quality of overall development that is being imparted to our children.

Benefits of physical activity for children with special needs:-

- Improves the muscle strength, coordination, and flexibility.
- Helps achieve better balance, motor skills and body awareness.
- Helps with improvement in behavior, self-confidence and social skills.
- O Impacts positive changes in their health, quality of life and boost their self-esteem. o Promotes a sense of accomplishment and possibly the taste of winning or personal satisfaction.
- Helps decrease secondary health complications like obesity.
- Creates an outlet for their physical energy, which will help them cope with stress and anxiety.

CSE strives to ensure that physical education is provided to all our students as a part of the child's special education services. We aim to provide physical therapy and education involving exercises, sports activities, and individual and group games that increase physical fitness, motor fitness, fundamental motor skills and patterns, as well as aquatics skills. We dream of conducting Paralympic games, as a competition for our special children, in a few years' time.

We hope to impart to our children, through sports, that when we accept a challenge there is a chance that we might not succeed, but it is trying that is more important.

Mr. N. Alex

#### Applause For Volunteers of CSE

"Not all of us can do great things. But we can do small things with great love." - Mother

Volunteers are and have been the backbone of CSE. Twenty five years back a few handful of like-minded, devoted, and passionate band of volunteers came together and laid the foundation for the Center for Special Education. Ever since then we have had a constant flow of dedicated resources, offering their time and efforts, without whom this institution would not have succeeded for the last 25 years. We are what we are because of the unfaltering commitment of the volunteers who believe in us.

Today, CSE has grown to be a professional facility ably supported by varied trained teachers, therapists and other faculty. Nevertheless, volunteers are still an integral part of our operations at CSE. The strength of this institution depends on these people with big and open hearts to serve. Our volunteers benefit not only our students but also our staff who are energized and inspired by their dedication. Our volunteers give daily generous gifts of time, support, skills, creativity and expertise in assisting staff, training children, event planning among others, and they do truly make a difference. This is an excellent opportunity to extend a heartfelt and warm thank you to all of our volunteers. We highly value your efforts and contributions. As we celebrate this milestone, we sincerely thank everyone who has given in any way of their resources to help build CSE.

Volunteering is also a very synergetic process. Everybody who is involved is enriched from the process. At a time when it seems like society is focused on getting more, spending more and achieving more, it helps to think about the importance of volunteering – an act that can get people to think beyond themselves and focus on the needs of others. Through our plan "Reach out to the Community"- an initiative to make our students independent and instill a sense of achievement in them, we are in a process of introducing a concept of Volunteer Coach to help the students exclusively for this programme.

We look forward to your support. "It takes a whole village to raise a child". At CSE, we do the hefty work of an entire village by making them independent in life skills. It is only through the efforts of volunteers like you that centre can live up to its name. THANK YOU!

Ms. Naosheen Zaman

# Performer of the **QUARTER**







Congratulations! You have been selected as the 'Performer

of the Quarter' for the period Oct - Dec 2016.

Passionate

Excellent Teacher

A Great Team Player

























#### Speech Therapy

services for children with communication disorders Facilitate alternative augmentative communication Management of feeding problems & promotion of oral replacement therapy

#### Occupational Therapy

sensory processing issues & handwriting Remediation of functional issues with lasting impact Individualized treatment programs provided via direct

## **Our Services**

#### Physiotherapy

Interventions (Neuro-Development Treatment, Mat exercises, Core Restoration, Gait Training, Electro Therapy Modalities, Home programs etc.) Muscle strengthening and promotion of overall fitness

#### Counselling

Parental Counselling and Guidance Behavior Management & Intervention of Child & Adolescence Problem Behaviors

## **Opening Soon!**

Learning Disability Center

Remedial Intervention to aid reading, writing, sp and/or mathematical concepts